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 Upper Room: Flat 201, St Helena's Court (adjacent to the Church)
 web: www.sainthelenaschurch.com **Chaplain:** Ven Dr John Holdsworth 99 658 147
If you wish to include anything in the bulletin, please contact Deb Graham by noon Wednesday
 on 99173079 or email to debgraham1982@gmail.com

Diary of the week: Please note the activities (*) take place in the Upper Room

Sunday	31st March	9.30am 11am – 1pm	Holy Communion: Bishop Michael Lewis Pervolia shop open
Monday	1st April	10am – 1pm 11am-2pm 1pm	Larnaca Shop open Pervolia shop open Dancing with Jim
Tuesday	2nd April	11am – 2pm 7-9pm	Pervolia shop open
Wednesday	3rd April	10am – 1pm 11am – 2pm	Larnaca shop open Pervolia shop open
Thursday	4th April	11am – 2pm	Pervolia shop open
Friday	5th April	10am – 1pm 11am – 2pm 11am	Larnaca shop open Pervolia shop open Lent course
Saturday	6th April	11am – 2pm	Pervolia shop open
Sunday	7th April	9.30am 11am – 1pm	Holy Communion: Ven Dr John Holdsworth, preacher: Fr Geoff Graham followed by ACM Pervolia shop open

Post Communion Prayer

Loving God,
 as a mother feeds her children at the breast
 you feed us in this sacrament with the food and
 drink of eternal life:
 help us who have tasted your goodness
 to grow in grace within the household of faith;
 through Jesus Christ our Lord. **Amen**



St Helena's Anglican Church



Welcome to St Helena's in the name of Christ.

If you are a baptised Christian of any tradition, you are invited to receive Communion. If you would like a blessing, please come to the altar rail with your service book. We will be having coffee in the courtyard after the service, please join us.

31st March, 2019

Collect

Almighty Father,
 look upon thy family the Church,
 that refreshed and strengthened by thy grace,
 we may persevere in the way of salvation,
 and find in thee our joy and our peace;
 through thy Son our Saviour Jesus Christ. **Amen**

Looking Forward –

Today we welcome Bishop Michael as our celebrant and preacher. Mothering Sunday posies will be distributed before the blessing and final hymn. Many thanks to Liz for creating them. Luncheon Club will be meeting on Wednesday. This time, hopefully, we shall be able to watch the diocesan video. Please give names to Liz if you would like to come. All are welcome. Lunch begins at 1 pm.

Next Sunday we shall be holding our ACM after the service. In preparation for the Meeting everyone needs to fill in a new Electoral Roll form. These are available at the back of the church. Nominations are required for some posts. In particular, we need some new Council members, owing to moves away and retirements. During this coming year when we shall have a new Chaplain, it is really important that we have a robust working Council to help and advise. Please do consider whether this might be your calling at this time.

We are still looking for helpers for the Larnaca shop. Partly as a result of having shops, we have been able to make substantial donations to the St George's Home and the Mozambique disaster in recent weeks, and it is important to maintain their sustainability. We are also looking for church members to be more involved in the Perivolia shop.

Next week the Passiontide and Easter Pastoral Letter will be available, giving full details of services and events during the next few weeks.

John Holdsworth, Parish Priest



Pray for our link Diocese of Thika. Pray for Bishop Julian Wanyoike, his clergy and people and for the continued relationship between us in the three-way companion link with Exeter. Pray also for the Mission to Seafarers who serve all those who venture on the oceans of the world by offering care and service to all in need regardless of nationality or faith.

Would you like to donate a bottle of Commanderia for use in our Eucharist? Please see Jean, if so.

Eileen will be holding her produce stall on 14th April and would welcome donations of ingredients or money.

This morning's readings: Joshua 5. 9-12

2 Corinthians 5. 16-21 Luke 15. 1-3, 11b-32

Next week's readings: Isaiah 43. 16-21

Philippians 3. 4b-14 John 12. 1-8

Council Members

Chaplain: Ven Dr John Holdsworth 24651327 / 99658147

email: archdeaconjohn32@gmail.com

Associate Priest and Pastoral Care Facilitator: Fr Geoff Graham 99178068

email: geoffgraham1982@gmail.com

Wardens: Rowena Parkin 22532135/99450861 and Brian Cromwell 24020376/96832221

Treasurer: Jan Dykes 24425578/99164911

CC Secretary and Synod Rep: Deb Graham 99173079

Synod Rep: Sue Mantovani 24652678/99594678

Council Members: Jean West 24425224/99950866, Elsie Shearsby, Hazel Fowle, Marina Peters and Liz Taylor

Co-opted Members: Sue Holdsworth and Helen Barrett

Please turn off mobile phones before the service starts. We have a hearing loop installed. Please adjust your hearing aid accordingly.