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 Upper Room: Flat 201, St Helena's Court (adjacent to the Church)
 web: www.sainthelenaschurch.com **Chaplain:** Ven. Dr. John Holdsworth 99 658 147

If you wish to include anything in the bulletin, please contact Deb Graham by noon Wednesday on 99173079 or email to debatprebbles@waitrose.com

Diary of the week: Please note the activities (*) take place in the Upper Room

Sunday	29 January	9.30 am 6pm	Holy Communion, Ven. Dr. John Holdsworth Licensing of new readers – St Barnabas, Limassol
Monday	30 January		
Tuesday	31 January	7pm	Palm cross making *
Wednesday	1 February	10.30am-12.30p m 12.30pm	Church Open Luncheon Club *
Thursday	2 February	10.30am-12.30p m 3pm	Church Open Ladies' Coffee *
Friday	3 February		
Saturday	4 February		
Sunday	5 February	9.30 am	Holy Communion, Ven. Dr. John Holdsworth

Dates for your diary:-

- 6th February – Coffee morning at the Vicarage
- 21st February – Retreat Day at Katafiyio
- 26th February – Service to mark St David's Day to be held in Pissouri.
- 4th March – Italian Lunch at the Vicarage

Post Communion Prayer

Generous Lord,
 in word and eucharist we have proclaimed
 the mystery of your love.
 Help us so to live out our days
 that we may be signs of your wonders in the world;
 through Jesus Christ our Saviour.

PLEASE TURN OFF MOBILE PHONES BEFORE THE SERVICE BEGINS



St Helena's Anglican Church



**Welcome to St
 Helena's in the name
 of Christ.**

*If you are a baptised
 Christian of any tradition,
 you are invited to receive
 Communion with us this
 morning.*

*A warm welcome to our
 visitors and newcomers
 today.*

*Please stay for
 refreshments in the
 courtyard after the service.*

4th Sunday after Epiphany 29th January 2012

Today's Scripture: Deuteronomy 18: 15-20 Revelation 12: 1-5
 Mark 1: 21-28

Next Week's Scripture: Isaiah 40: 21-31 1 Corinthians 9: 16-23
 Mark 1: 29-39

The Collect

O God, who knowest us to be set
 in the midst of so many and great dangers,
 that by reason of the frailty of our nature
 we cannot always stand upright;
 Grant to us such strength and protection,
 as may support us in all dangers,
 and carry us through all temptations;
 through Jesus Christ our Lord.

Looking forward

The Church Council met this week. These are some of the issues they considered and decisions they made.

The Synod presentation is now complete. Almost half the attending congregation during the period when responses were asked for, contributed to the 'good news' box.

The Council policy on the protection of vulnerable people is now in an advanced form. It is hoped to adopt it after the forthcoming Synod discussion.

The whole of our 10% tithe charitable giving money has now been allocated for 2011. A list of beneficiaries will be posted and included in the papers for the Annual Chaplaincy Meeting which will take place on March 25th. There will not be sufficient time this year to consider an update of our Constitution, but it is hoped that that can be done for next year.

Our fundraising and social programme was outlined. That too will be posted in church. The next events are: a coffee morning at the Vicarage on February 6th. Tickets are available today. Dancing will continue in church on Thursday evenings, and on Monday afternoons at a venue yet to be finally decided, but for the moment, the Flamingo hotel. There will be an Italian Lunch at the Vicarage on March 4th. Details and tickets will be available from next week. There will be a coffee morning at a date to be decided in March at the home of Sue Mantovani. It is hoped this will include a presentation by a speaker on the subject of food! On April 24th there will be a coffee morning at the home of Jim and Jean, and the sponsored walk will take place on May 5th. Sunday May 20th, the Sunday nearest St Helena's day, will be Gift day. On Sunday June 3rd we shall be joining the rest of the Commonwealth in celebrating HM the Queen's Diamond Jubilee, by joining in 'the big lunch', at the Vicarage. Other events are also in the planning stage.

We have to produce our 1000 palm crosses within the next week or so. A start is to be made on Tuesday evening at 7 in the Upper Room. Do please come along and help.

A programme for the Open Church during Lent was outlined, including the suggestions madder at last week's meeting. The Ash Wednesday service at 10.30 on February 22nd will start things off. There will be discussion groups, Bible reading and Bible study, demonstrations and reflections on art and flower arranging, and an Iona style service as well as an introduction to the devotional use of the stations of the cross.

A budget was agreed. Unfortunately it is a deficit budget. We want to spend more than history tells us we might expect to make. Let's prove history wrong.

John Holdsworth Chaplain

Last week: Attendance 27, Offerings €114.60



Prayer Corner

This week we pray especially for:

Fran Bremner, Christina, Peggy Brooker, Alannah, Peter Gardiner and Annie, Rachel, Sheila Prettijohns, Gillian, Carol, Andreas Efthemiou, Peggy Girling, Rev'd Robin Brookes, Peggy Steeden, Dimitri Polakis, Joyce O'Brien, Rowley Surridge, Anna Nicolaou, Mick Yule, David Hamblin, Alison Madge, Alexia Blair, Zakari, Cassandra Jardine, Rosina Donaghue, Michelle Barlone, Damian Walsh, Andreas and Mary Hilides, baby Sorrel Hutchins, Berie Norton, Trudy Chapman, Benedict Roylance Smith, Manoli Karapatakis, Joan Andrews.

Today we also remember World Leprosy Day and Homelessness Day.

Notices -

The Jumble Sale raised a very credible €322. Well done to everybody for their very hard work and effort.

Thought for the Day - "Twenty years from now you will be more disappointed by the things you didn't do than by the ones you did. So throw off the bowlines, sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream."

Mark Twain

Council Members

Chaplain: Ven. Dr. John Holdsworth 24 651 327 / 99 658 147

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Warden	Elsie Shearsby	24 427 532 / 99 956 975
Warden/Fundraising	Jim West	24 425 224 / 99 925 421
Treasurer	Pat Andrea	24 250 181 / 99 792 813
PCC Secretary	Sue Mantovani	24 652 678 / 99 594 678
Pastoral Care	Jean West	24 425 224 / 99 950 866
Publicity	Rudi Kaufmann	24 422 926 / 99 107 837
PCC Member	Ron Witherick	24 659 733 / 99 337 541
Synod Rep	Bill Hatfield	24 644 762 / 99 559 820
Synod Rep/Weddings	Marjorie Thompson	24 426 716 / 99 269 821